

# CIRME



UNIVERSITÀ DEGLI STUDI  
DI MILANO

Centre for  
Metrological Traceability  
in Laboratory Medicine  
(CIRME)

Director: Prof. Mauro Panteghini

site: <http://users.unimi.it/cirme>



## PREANALYTICAL AND ANALYTICAL ASPECTS AFFECTING CLINICAL RELIABILITY OF PLASMA GLUCOSE RESULTS

*Sara Pasqualetti*

*sara.pasqualetti@asst-fbf-sacco.it*

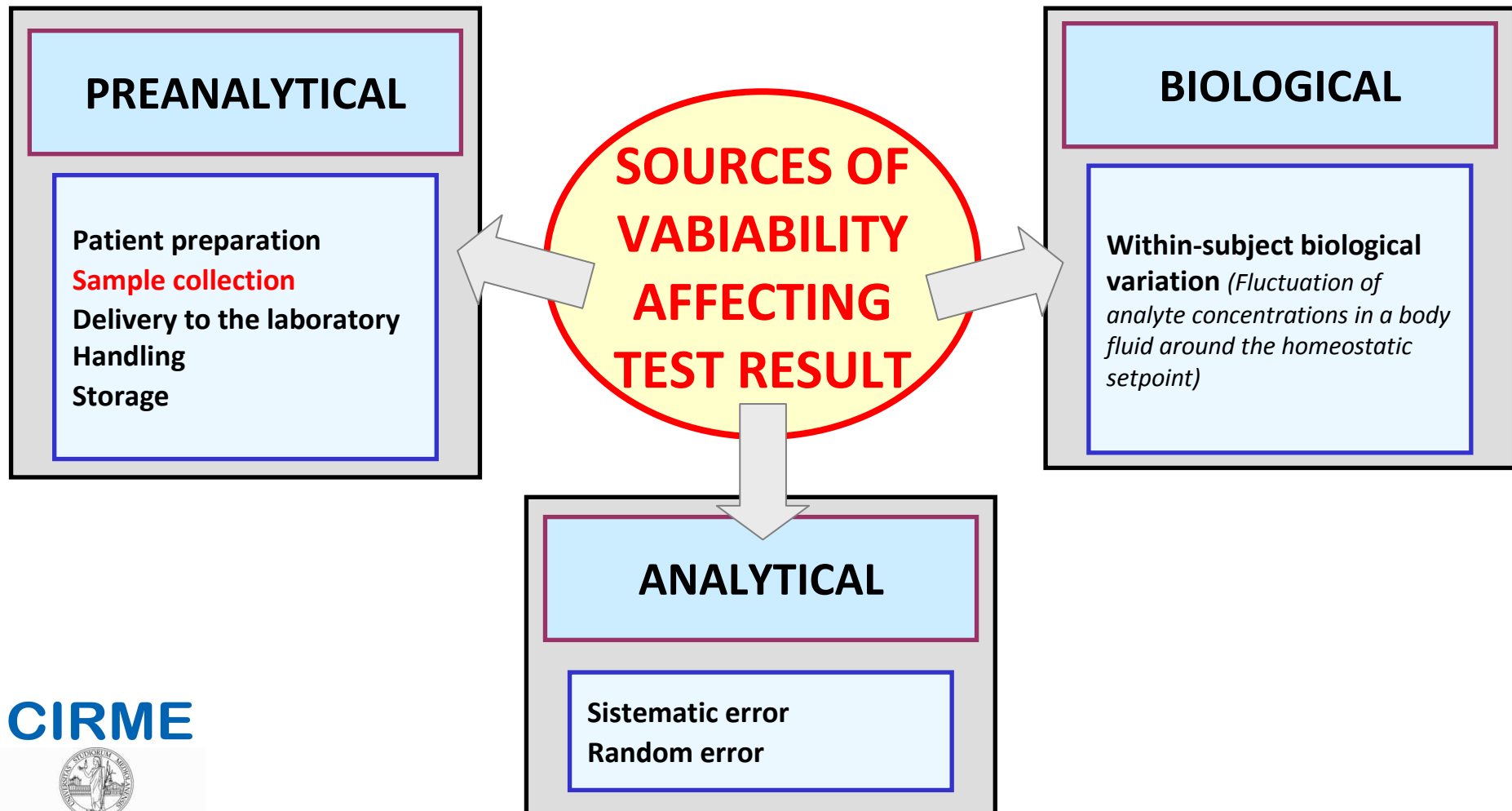


*Traceability in laboratory medicine: A matter of patient safety*

CIRME  
  
UNIVERSITÀ DEGLI STUDI  
DI MILANO  
SYMPOSIUM

# TOTAL VARIABILITY OF LABORATORY TEST RESULTS

$$V_{TOT} = (V_P^2 + V_A^2 + V_I^2)^{1/2}$$



**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

## *Pre-analytical sources of variation in glucose testing*

$$V_{\text{TOT}} = (V_{\text{P}}^2 + V_{\text{A}}^2 + V_{\text{I}}^2)^{1/2}$$

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

**CRITICAL ISSUE:**  
**TO PREVENT *in-vitro* GLYCOLYSIS**

**GLUCOSE** @ physiological concentrations in sample stored at room temperature **IS LOST** through an average rate of 5-7% per hour

*Clin Chem 1989;35:315-7*

**GOLD STANDARD FOR SAMPLE COLLECTION**

- **NATIONAL ACADEMY OF CLINICAL BIOCHEMISTRY (NACB) GUIDELINES FOR LABORATORY ANALYSIS IN DIABETES**
- **WORD HEALTH ORGANIZATION**

1- **SEPARATE** plasma from blood cells **IMMEDIATELY** after sample collection

**OR**

2- **PLACE** the sample tube immediately in an **ICE-WATER SLURRY** and **SEPARATE** plasma from the cells **WITHIN 30 MIN**

**OR**

**3 - USE OF AN *EFFECTIVE GLUCOSE STABILIZER***

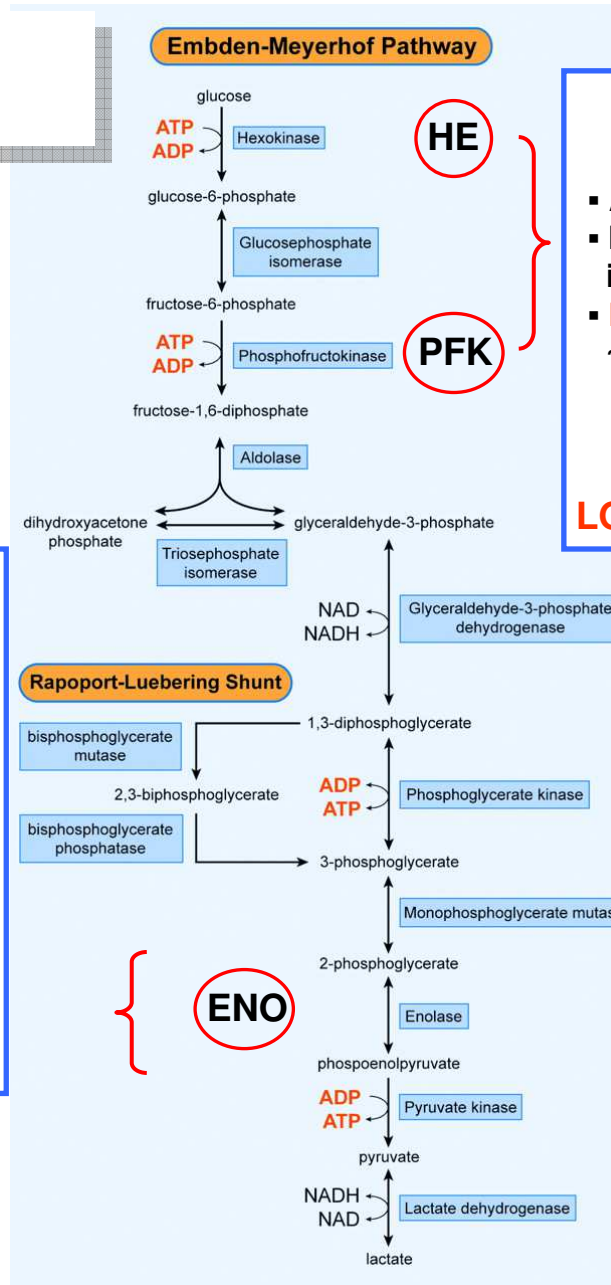
- ✓ Tubes with only *enolase inhibitors, such as FLUORIDE, should not be relied on to prevent glycolysis*
- ✓ Tube containing a *rapidly effective glycolysis inhibitor, such as CITRATE BUFFER, should be used*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

# *in-vitro* GLYCOLYSIS STABILIZERS



## CITRATE BUFFER

- Acidification to pH 5.3-5.8
- Inhibition of HE and PFK which act earlier in the glycolytic pathways
- **Prompt stabilizing effect**, guaranteed for ~10 h at room temperature



**NO LOSS OF GLUCOSE AFTER 2h  
LOSS OF GLUCOSE ~1.2% AFTER 24h**

## FLUORIDE

*(and oxalate mixture)*

- It forms a complex with enolase in the presence of P and Mg
- Inhibition of ENO which acts downstream in the glycolytic pathway
- **Complete stabilizing effect achieved after 4 h from withdrawal**



**LOSS OF GLUCOSE DURING THE FIRST HOURS**

**CIRME**



UNIVERSITÀ DEGLI STUDI DI MILANO

## Effectiveness and Reliability of citric/citrate to prevent in-vitro glycolysis

**Table 1.** Effect of collection tube type and additives on stability of glucose.

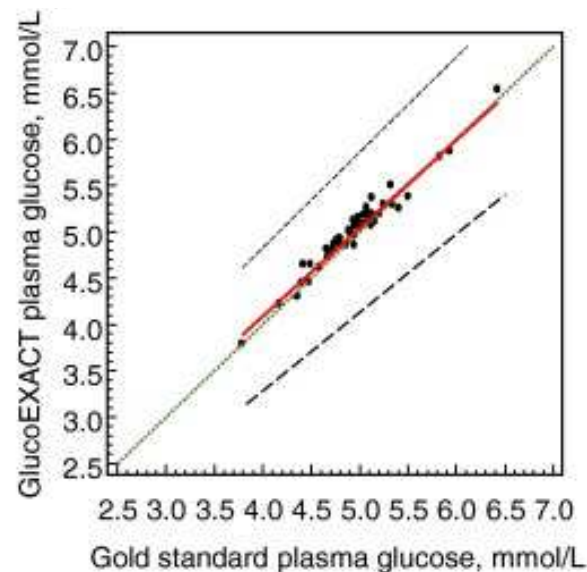
Sample type, postdraw storage	NACB Reference Comparator, postdraw storage	Mean delta, mmol/L <sup>a</sup>		
		Delta (%)	95% CI	P (n) <sup>b</sup>
Citric acid plasma, 2 h at 37 °C	Heparin plasma, 30 min at 0 °C	6.393 – 6.414 = -0.021 (0.3)	-0.07-0.02	0.33 (30)
Citric acid plasma, 24 h at 37 °C	Heparin plasma, 30 min at 0 °C	6.393 – 6.316 = 0.077 (1.2)	-0.002-0.06	0.05 (30)
Fluoride plasma, 2 h at 37 °C	Heparin plasma, 30 min at 0 °C	6.393 – 6.099 = 0.294 (4.6)	0.23-0.35	<0.001 (30)
Fluoride plasma, 24 h at 37 °C	Heparin plasma, 30 min at 0 °C	6.393 – 5.943 = 0.450 (7.0)	0.37-0.53	<0.001 (30)
Plasma, 30 min, ambient	Serum, 30 min, ambient	5.589 – 5.638 = -0.049 (0.9)	0.021-0.077	<0.001 (90)
Barrier serum, 24 h at 37 °C	Barrier serum, 30 min, ambient	5.826 – 5.819 = 0.007 (0.1)	-0.011-0.025	0.45 (66)

*Gambino R et al, Clin Chem 2009;55:1019-21*

Postdraw storage

T 20-24 °C  
4 h

Mean Delta %, 0.95%  
(95% CI, 0.44-1.46)



*Bonetti G et al, Prim Care Diabetes 2016;10:227-32*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

**citric/citrate buffer vs fluoride**

**VENOSAFE GRANULAR**

AUTHORS	GLUCOSE mmol/L	MEAN DIFFERENCE
Del Pino IG et al <i>Clin Chem Lab Med</i> 2013;51:1943-9	Mean 6.43 vs 5.98	+ 7.0%
Szőke D et al <i>Clin Chem Lab Med</i> 2014;52:e87-9	Range 4.5 to 11.1 vs 4.1 to 10.7	+6.7%
Van den Berg SA et al <i>Sci Rep</i> 5 2015 n. 8875	Mean 5.8 vs 5.5	+5.5%
Bonetti G et al <i>Biochimica Medica</i> 2016;26:68-76	Median (range) 5.60 (5.47- 5.73) vs 5.21 (5.05 - 5.32)	+6.8%
Carta M et al <i>Ann Clin Biochem</i> 2016;53:715-6	Median (95% CI) 4.4 (5.1-5.7) vs 5.1 (4.8-5.3)	+5.9%
<b>FC-MIX <u>DRY</u></b>	Dimeski et al <i>Clin Chem Lab Med</i> 2016	Mean 5.35 vs. 5.05 +5.9%
<b>GLUCOMEDICS <u>LIQUID</u></b>	Dimeski et al <i>Ann Clin Biochem</i> 2014;52:270-5	Mean 5.7 vs. 5.3 +7.5%
Juricic G et al <i>Clin Chem Lab Med</i> 2016;54:363-71	Mean (±SD) 6.2 (±1.1) vs 5.6 (±1.0)	+10.7%
Juricic G et al <i>Clin Chem Lab Med</i> 2016;54:411-8	Mean (±SD) 6.0 (±0.8) vs 5.5 (±0.8)	+8.5%
Carta M et al <i>Ann Clin Biochem</i> 2016;53:715-6	Median (95% CI) 5.6 (5.5-5.9) vs 5.1 (4.8-5.3)	+8.9%

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

The difference between **LIQUID** vs. **GRANULAR** citric/citrate buffer

AUTHORS	GLUCOSE mmol/L	MEAN DIFFERENCE
Bakliza A et al <i>Clin Chem Lab Med</i> 2015;53:eA226-P46	Mean ( $\pm$ SD) 5.8 (0.8) vs. 5.6 (0.7)	+3.2%
Pasqualetti S et al <i>Clin Chem Lab Med</i> 2016;54:e281-3	Rap	+3.8%
Cart	an (95% CI) 5.6 (5.5-5.9) vs. 5.4 (5.1-5.7)	+3.7%
ic G et al <i>Clin Biochem</i> 2016;49:1402-5	Mean ( $\pm$ SD) 6.0 (1.0) vs. 5.8 (0.9)	+3.4%

**NOT ALL CITRATE TUBES  
ARE CREATED EQUAL !!**



The difference between **LIQUID** vs. **GRANULAR** citric/citrate buffer: **why?**

**1 INCORRECT DILUTION CORRECTION FACTOR**

Carta M et al Ann Clin Biochem 2016;53:715-6

<b>GRANULAR</b>	<b>LIQUID</b> (Dilution Factor, 1.16)	<b>LIQUID</b> (Dilution Factor, *1.10)
<b>MEDIAN</b>	<b>MEDIAN</b>	
<b>5.4 mmol/L</b>	<b>5.6 mmol/L</b>	<b>5.4 mmol/L</b>

\*experimental DF suggested by Dimeski et al Ann Clin Biochem 2014;52:270-5

**2 IMPRECISE VACUUM ACTION**  
Perfect correction factor may become incorrect when tubes are not exactly filled as intended



*....our experience*

- well trained phlebotomists,
- tubes underfilled considered indicative of human error

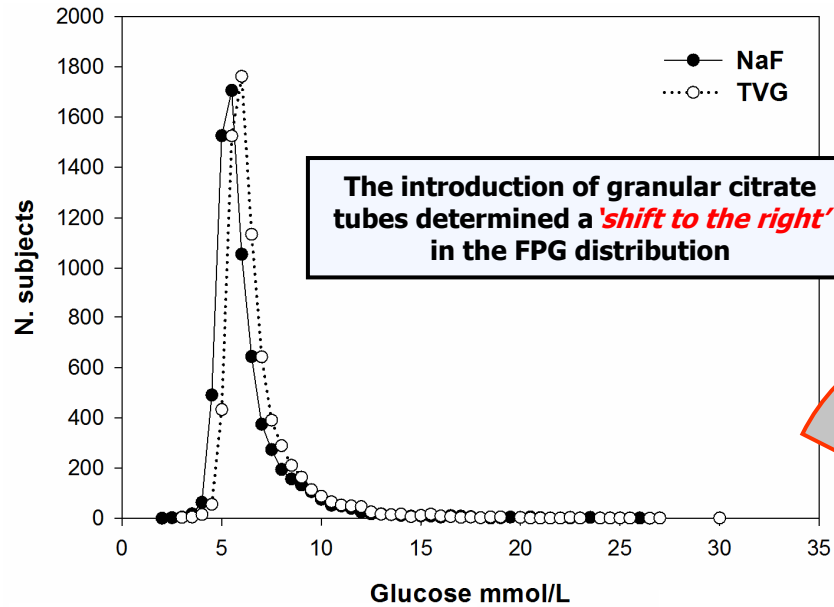
*....we speculated some problems in tubes manufacturing*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

## FASTING PLASMA GLUCOSE DISTRIBUTION

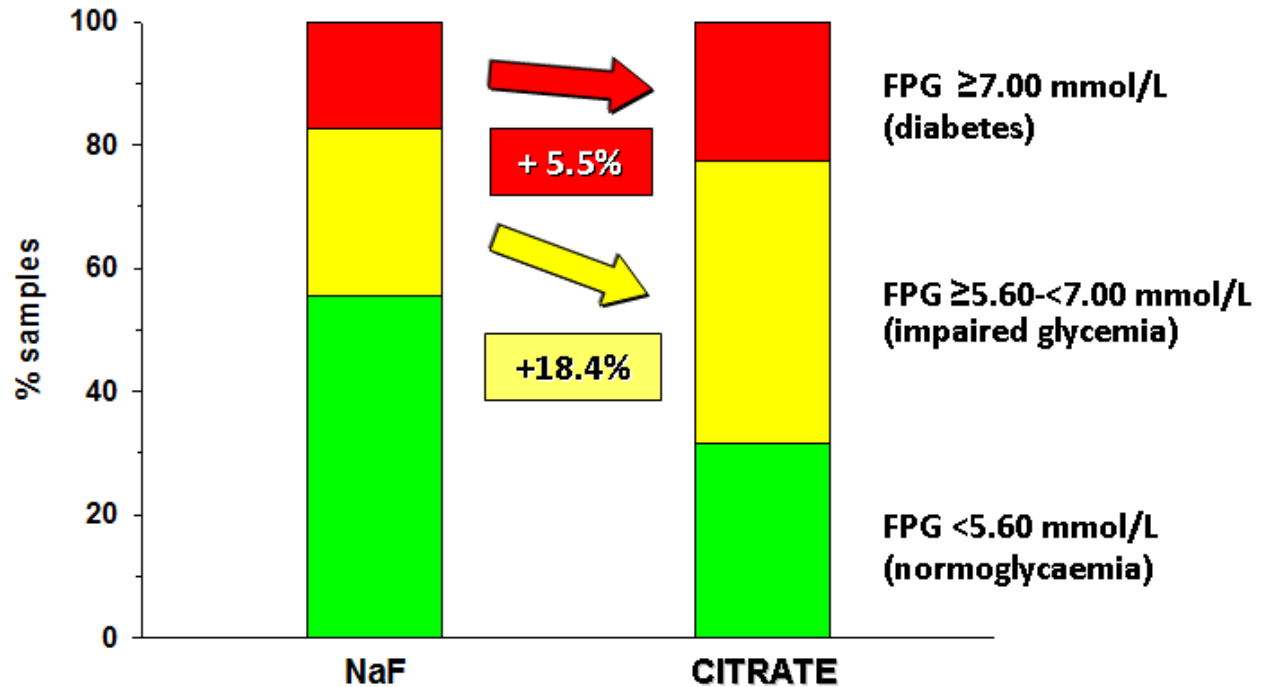


## CLINICAL IMPACT WITH THE INTRODUCTION OF GRANULAR CITRATE

### CLINICAL CLASSIFICATION OF SUBJECTS UNDERGONE FASTING PLASMA GLUCOSE TEST

Szóke D et al., *Biochim Clin* 2015;39:76

	n	Range	Median FPG	25-75 <sup>th</sup>
Fluoride (NaF) Apr-Sept 2013	7120	2.05-25.7 mmol/L	5.44 mmol/L	4.94-6.33 mmol/L
Granular citrate Apr-Sept 2014	7192	2.61-29.8 mmol/L	5.94 mmol/L	5.44-6.88 mmol/L



**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

Pasqualetti S et al., *Clin Chem Lab Med* 2015;53:S104-T067

# CLINICAL CLASSIFICATION OF SUBJECTS UNDERGONE GESTATIONAL DIABETES MELLITUS (GDM) TEST AFTER THE IMPLEMENTATION OF ADA RECOMMENDATION ON PREANALYTICAL FOR GLUCOSE

**Table 1.** Comparison of mean glucose concentrations between research and usual conditions for each test.<sup>a</sup>

Glucose	Research conditions	Usual conditions	p <sup>b</sup>
Fasting			<0.0001
mg/dL	90.0 (12.6)	81.0 (12.6)	
mmol/L	5.0 (0.7)	4.5 (0.7)	
1-h			<0.0001
mg/dL	140.4 (43.2)	133.2 (41.4)	
mmol/L	7.8 (2.4)	7.4 (2.3)	
2-h			<0.0001
mg/dL	102.6 (32.4)	99.0 (32.4)	
mmol/L	5.7 (1.8)	5.5 (1.8)	

<sup>a</sup> Data are mean (SD).  
<sup>b</sup> Paired Student t test.

*IADPSG, International Association of the Diabetes and Pregnancy Study Groups, diagnostic criteria\**

**Table 2.** Comparison of the incidence of GDM between research and usual conditions for each test.<sup>a</sup>

Glucose	*75 g OGTT GDM	Research conditions	Usual conditions	p <sup>b</sup>	GDM
Fasting	>5.1 mmol/L	51 (32.9)	10 (6.5)	<0.0001	+27%
1-h	>10.0 mmol/L	20 (13.3)	17 (11.0)	NS	+5%
2-h	>8.5 mmol/L	4 (2.6)	4 (2.6)	NS	
Total <sup>c</sup>		59 (38.1)	22 (14.2)	<0.0001	

<sup>a</sup> Data are n (%). NS, not significant.  
<sup>b</sup> McNemar test of correlated proportions.  
<sup>c</sup> Some overlap of cases (see Fig. 2).

**Screened subjects, 155**

*\*According to the HAPO study performed under well controlled preanalytical conditions for glucose testing*

*HAPO Study Cooperative Research Group. Clin Trials 2006;3:397-407*

## IADPSG GDM criteria:

- implementation of ADA/NACB & WHO protocols
- or tube types that yields compatible results

- To *rightfull classificate* subjects as diabetics
- To *receive the needed treatments* that will deprived from in presence of preanalytical invalid conditions.



## The introduction of citrate in clinical practice: *which caveat?*

**Evidence 1** - data about the performance of different “citrate tubes” are confused



**Caveat 1** – selection of tubes containing citrate requires **caution**

**Evidence 2** - reliable tubes that promptly inhibit *in vitro* glycolysis may lead to a different clinical classification of subjects



**Caveat 2** – **which decision limits** should be applied to plasma glucose?

- should these be redefined when tubes are used that promptly inhibit *in vitro* glycolysis

*or*

- should they be maintained, so that more subjects at increased risk for diabetes will be identified earlier?

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

**Letter to the Editor**

Sara Pasqualetti\*, Dominika Szőke, Sarah Birindelli, Alberto Dolci and Mauro Panteghini

**Optimal collection tubes for plasma glucose determination: confusion reigns supreme****FROM EU MARKET**(Terumo Venosafe™ Glycaemia – citrate buffer/NaF/Na<sub>2</sub>EDTA - **GRANULAR FORM**)

- ✓ Grainer Bio-one GLUCOMEDICS – NaF/EDTA & citrate – **LIQUID FORM**
- ✓ Sarstedt GlucoEXACT - NaF/citrate – **LIQUID FORM**
- ✓ Grainer Bio-one Vacuette® FC Mix tube – citrate buffer/NaF/Na<sub>2</sub>EDTA - **DRY FORM**

**..... A MESSY STATE OF AFFAIRS**

Need for a well-designed clinical study comparing the suitable options using blood acidification offered by the market

**..... IN THE MEANTIME**

Staying (*returning*) to tubes containing sodium fluoride only as these have been used in the majority of studies generating the current glucose cut-points for diabetes diagnosis

## *Plasma Glucose and its Biological Variation*

$$V_{\text{TOT}} = (V_{\text{P}}^2 + V_{\text{A}}^2 + V_{\text{I}}^2)^{1/2}$$

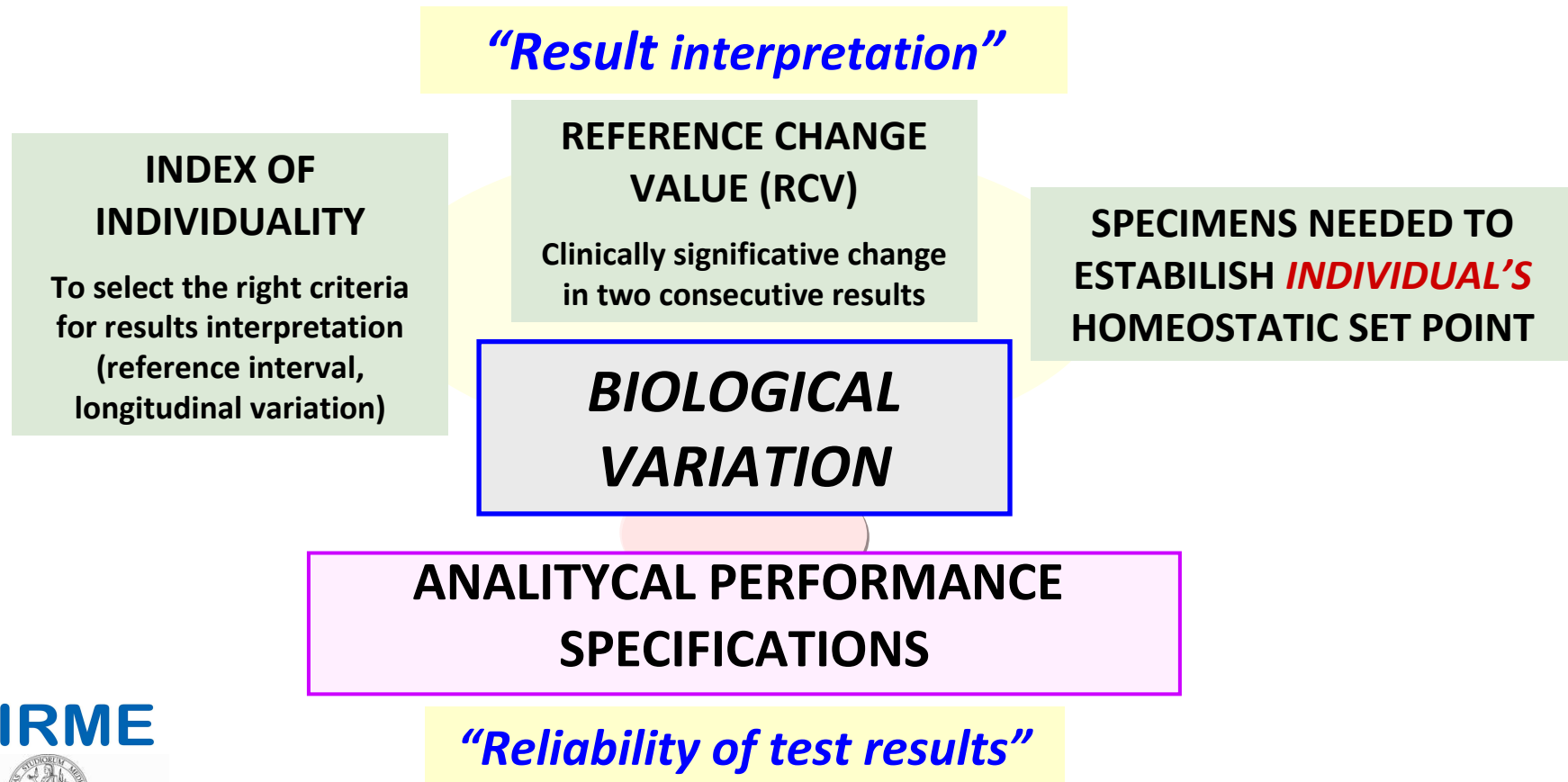
**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

The concentrations of *measurands* in body fluids are physiologically *variable* as they *fluctuate around the individual homeostatic set point* - of each individual *Within-subject* ( $CV_i$ )  
- random fluctuation of setting points among individuals *Between-subject* ( $CV_g$ )

## Application of Biological Variation Data



**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

## ***Problems with Biological Variation Data***

- Published data are of varying quality and quite heterogeneous
- Safe application requires prior critical appraisal
- Need for standards (i.e. a minimum set of attributes to enable the data to be effectively transmitted and applied)

*Braga F, Panteghini M. Crit Rev Clin Lab Sci 2016;53:313-25*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO



# Glucose $CV_i$ and $CV_g$ in literature

## PLASMA

First Author	Year of Publication	$CV_i$	$CV_g$
Cummings	1988	4.9	6.1
Godsland	1985	4.6	
Davie	1993	13.1	3.2
Rohlfing	2002	5.7	5.8
Lacher	2005	8.3	12.5
Lacher	2010	7,5	11.7
Bailey	2013	11.4	9.1
Loh	2014	12.2	

## SERUM

First Author	Year of Publication	$CV_i$	$CV_g$	Age	Sex
Harris	1970	5.6	7.8		
Young	1971	6.6	2.7		
Williams	1978	11.5, 6.1, 6.3, 6.6, 7.8, 7.8, 6.9	12.9, 5.6, 6.7, 8.3, 6.8, 10, 8		
Costangs	1985	13.3; 7.9; 12			
Fraser	1989	4.7	5.4		
Ricos	1989	10.8			
Eckfeldt	1994	4.2	10.8		
Carlsen	2011	5.4	5.6		
Pineda-Tenor	2013	5.5	8.2	>80	♂
Pineda-Tenor	2013	3.7	8.8	19-42	♂
Pineda-Tenor	2013	6.8	7.3	>80	♀
Pineda-Tenor	2013	4.5	7.5	19-42	♀
Loch	2015	8.5; 10.4	16.2; 16.8		

**Issues with  
(Glucose) BV data**

- ✓ **Heterogeneity of protocols** for derive biological variation data
- ✓  $CV_i$  and  $CV_g$  values possibly dependent from **different biological MATRICES**
- ✓  $CV_i$  and  $CV_g$  values different for **healthy and diseased individuals**

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

# *Quantifying Biological Variation*

How do you do the experiment?

✓ Subjects	How many?
✓ Collect specimens	Number? Frequency?
✓ Analyse specimens	Minimise analytical variation?
✓ Analyse data	Outliers? Statistics?

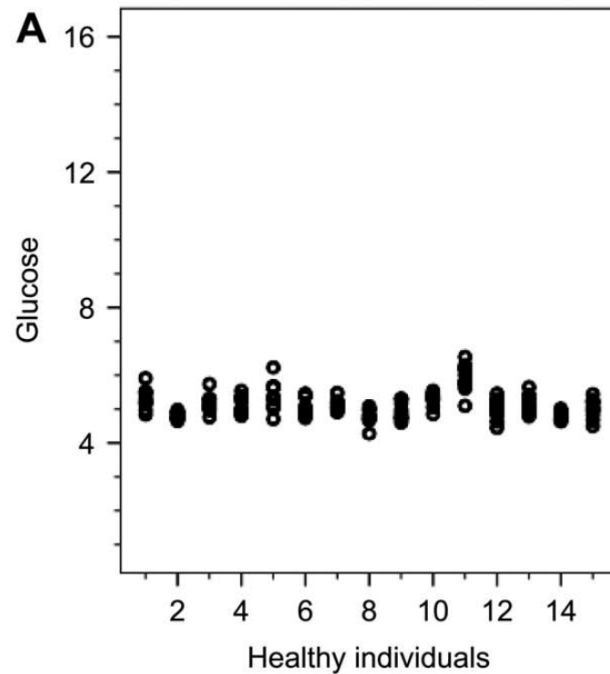
*Braga F, Panteghini M. Crit Rev Clin Lab Sci 2016;53:313-25*

**CIRME**

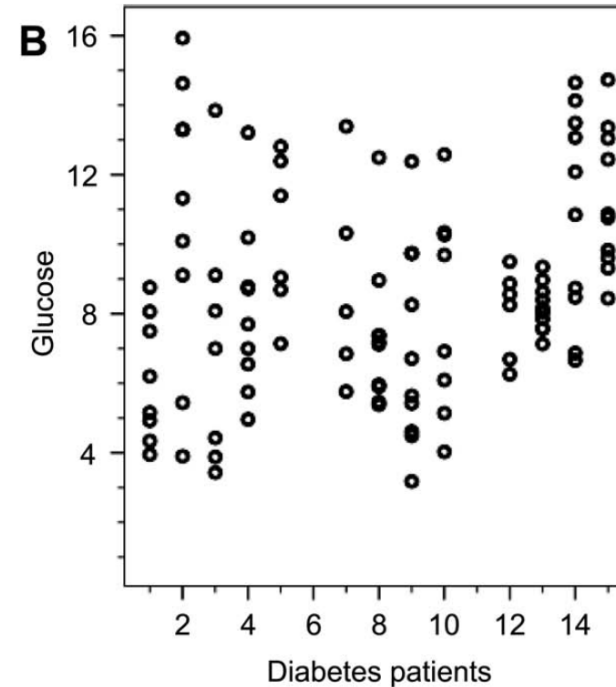


UNIVERSITÀ DEGLI STUDI  
DI MILANO

# ***Biological variation from patients Should they be used?***



Inherent biological variability



Inherent biological variability

+

*disease (and treatment) related variability*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

*Carlsen S et al, Clin Chem Lab Med 2011;49:1501-7*

# A checklist for critical appraisal of studies of biological variation



Biological Variation Working Group



Bartlett WA et al., *Clin Chem Lab Med* 2015;53:879

Clin Chem Lab Med 2011;49(9):1501–1507 © 2011 by Walter de Gruyter • Berlin • Boston. DOI 10.1515/CCLM.2011.233

## Within-subject biological variation of glucose and HbA<sub>1c</sub> in healthy persons and in type 1 diabetes patients

Siri Carlsen<sup>1,2,\*</sup>, Per Hyltoft Petersen<sup>2</sup>, Svein Skeie<sup>1,2</sup>, Øyvind Skadberg<sup>1</sup> and Sverre Sandberg<sup>2</sup>

<sup>1</sup> Department of Medicine, Stavanger University Hospital, Stavanger, Norway

<sup>2</sup> Norwegian Center for Quality Improvement of Primary Care Laboratories (NOKLUS), Section for General Practice, Department of Public Health and Primary Health Care, University of Bergen, Bergen, Norway

CV <sub>i</sub>	CV <sub>g</sub>
5.4%	5.6%

CIRME



UNIVERSITÀ DEGLI STUDI DI MILANO

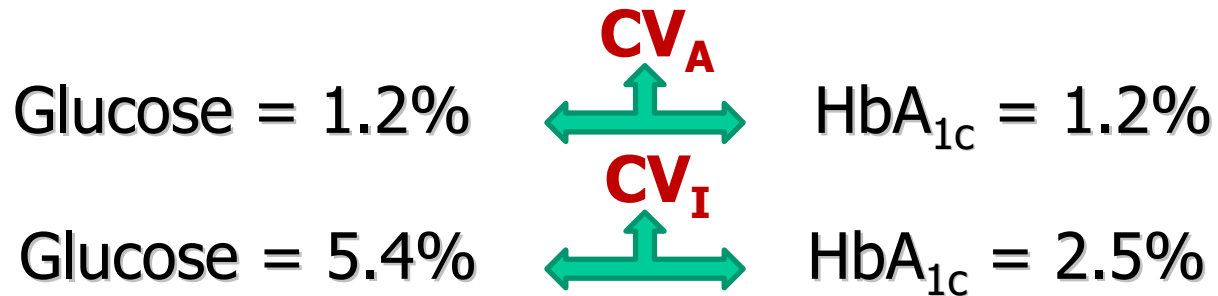
# Assessing the number of specimens (**n**) required to estimate the individual's homeostatic setpoint of plasma glucose

$$n = 1.96^2 * (CV_A^2 + CV_i^2) / D^2$$

CV<sub>A</sub>, Analytical coefficient of variation

CV<sub>i</sub>, Within-subject biological coefficient of variation

D, desired percentage of closeness (usually, 95%)



**Glucose n = 4.7**

**HbA<sub>1c</sub> n = 1.2**

?

Table 2.2—Criteria for the diagnosis of diabetes

FPG ≥126 mg/dL (7.0 mmol/L). Fasting is defined as no caloric intake for at least 8 h.\*

OR

2-h PG ≥200 mg/dL (11.1 mmol/L) during an OGTT. The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.\*

OR

A1C ≥6.5% (48 mmol/mol). The test should be performed in a laboratory using a method that is NGSP certified and standardized to the DCCT assay.\*

OR

In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose ≥200 mg/dL (11.1 mmol/L).

\*In the absence of unequivocal hyperglycemia, results should be confirmed by repeat testing.

*Diabetes Care 2017;40suppl1:s1-135*

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

Sverre Sandberg\*, Callum G. Fraser, Andrea Rita Horvath, Rob Jansen, Graham Jones, Wytze Oosterhuis, Per Hyltoft Petersen, Heinz Schimmel, Ken Sikaris and Mauro Panteghini

# Defining analytical performance specifications: Consensus Statement from the 1st Strategic Conference of the European Federation of Clinical Chemistry and Laboratory Medicine

**1<sup>st</sup> EFLM Strategic Conference**  
**Defining analytical performance goals 15 years after the Stockholm Conference**  
 8<sup>th</sup> CIRME International Scientific Meeting

Milano (IT)  
 24-25 November 2014

**GENERAL INFORMATION**

**REGISTRATION FEE**  
 EUR 300,00 (VAT 20% included)  
 The registration fee includes:  
 • Coffee break & lunch buffet included in the programme  
 • Certificate of participation

**Cancellation:**  
 • registration cancelled within August 30, 2014 will result in a 20% penalty  
 • cancellations between August 30 and September 30, 2014 will be subject to a 50% penalty  
 • after 30th September, registrations will result in a 100% penalty

To make your registration, please access the following link:  
<http://reg.congress.milano2014.euracem.it/>

**OFFICIAL LANGUAGE**  
 The official language of the conference is English.

**ORGANIZING SECRETARIAT**  
 MC Congress Ltd  
 Via Carlo Cattaneo 10, 20159 Milano - ITALY  
 Tel: +39 02 86302333 Fax: +39 02 86302334  
 Mail: [info@mccongress.com](mailto:info@mccongress.com)  
 e-mail: [post@mccongress.com](mailto:post@mccongress.com)

**VENUE**  
 Auditorio Escudate  
 Largo Sallustiana, 45 - 20124 Milano, Italy  
 Located in the heart of the city, the Auditorio Escudate is a modern building with a unique architectural style (Cesare Corro and Ettore Sottsass). It is situated in the historical area of the city, near the underground station MC Green line and S&S. Use the city map to find the location.  
 For more information, please visit:  
<http://www.auditorium.berlinet.it/>

**ACCOMMODATION**  
 The following hotels are all located within walking distance from the Auditorio Escudate. For more information, please refer to the following links:  
 • Hotel Excelsior (reference hotel)  
<http://www.excelsior.com>  
 • Hotel Excelsior (reference hotel)  
<http://www.excelsior.com>  
 • Hotel Excelsior (reference hotel)  
<http://www.excelsior.com>  
 • Hotel Excelsior (reference hotel)  
<http://www.excelsior.com>  
 • Hotel Excelsior (reference hotel)  
<http://www.excelsior.com>

**EFLM thanks the following companies for the kind and unconditional support:**

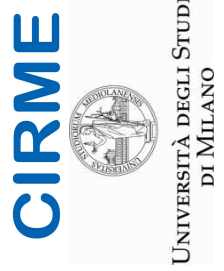
**Abbott** **BIO-RAD** **Roche** **SIEMENS**

*Model 1: Based on the effect of analytical performance on clinical outcomes*

- a. Done by direct outcome studies – investigating the impact of analytical performance of the test on clinical outcomes;
- b. Done by indirect outcome studies – investigating the impact of analytical performance of the test on clinical classifications or decisions and thereby on the probability of patient outcomes, e.g., by simulation or decision analysis.

*Model 2: Based on components of biological variation of the measurand.*

*Model 3: Based on state of the art of the measurement (i.e., the highest level of analytical performance technically achievable).*



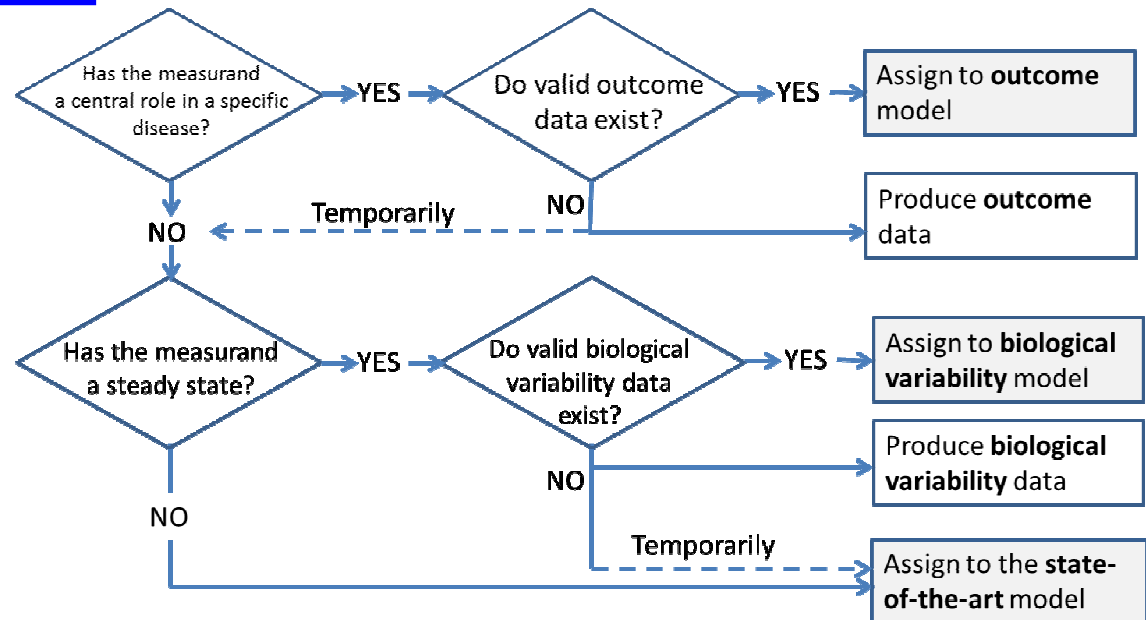
Opinion Paper

Ferruccio Ceriotti\*, Pilar Fernandez-Calle, George G. Klee, Gunnar Nordin, Sverre Sandberg, Thomas Streichert, Joan-Lluís Vives-Corrons and Mauro Panteghini, on behalf of the EFLM Task and Finish Group on Allocation of laboratory tests to different models for performance specifications (TFG-DM)

**Criteria for assigning laboratory measurands to models for analytical performance specifications defined in the 1st EFLM Strategic Conference**

1. The measurand has a central role in diagnosis and monitoring of a specific disease  
⇒ **outcome model** → **Plasma Glucose**
2. The measurand has a high homeostatic control  
⇒ **biological variability model**
3. Neither central diagnostic role nor sufficient homeostatic control  
⇒ **state-of-the-art model**

**Workflow for allocation of laboratory measurands to different models for performance specifications**





Analytical performance specifications for **plasma glucose**  
based on data of **biological variability** of the analyte

**Model 2**

- **Minimum**

$$CV_A < 0.75 \times CV_I \quad \mathbf{4.05\%}$$

$$B < 0.375 \times (CV_I^2 + CV_G^2)^{0.5} \quad \mathbf{3.0\%}$$

$$TE < [1.65 \times 0.75 \times CV_I + 0.375 \times (CV_I^2 + CV_G^2)^{0.5}] \quad \mathbf{9.6\%}$$

- **Desirable**

$$CV_A < 0.50 \times CV_I \quad \mathbf{2.7\%}$$

$$B < 0.250 \times (CV_I^2 + CV_G^2)^{0.5} \quad \mathbf{1.95\%}$$

$$TE < [1.65 \times 0.50 \times CV_I + 0.250 \times (CV_I^2 + CV_G^2)^{0.5}] \quad \mathbf{6.4\%}$$

- **Optimum**

$$CV_A < 0.25 \times CV_I \quad \mathbf{1.35\%}$$

$$B < 0.125 \times (CV_I^2 + CV_G^2)^{0.5} \quad \mathbf{1.0\%}$$

$$TE < [1.65 \times 0.25 \times CV_I + 0.125 \times (CV_I^2 + CV_G^2)^{0.5}] \quad \mathbf{3.2\%}$$

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO



# Defining analytical performance specifications using *indirect outcome data* (Model 1b)

- Impact of analytical performance of test on clinical classifications or decisions and thereby on probability of outcomes (simulation or decision analysis).
- To model the clinical outcomes of misclassification requires clinical evidence about the consequences for patients.
- Where clinical evidence about these consequences is not available, the model estimates will be based on *assumptions* drawn from what evidence there is about disease prognosis, treatment benefits, harms, etc.

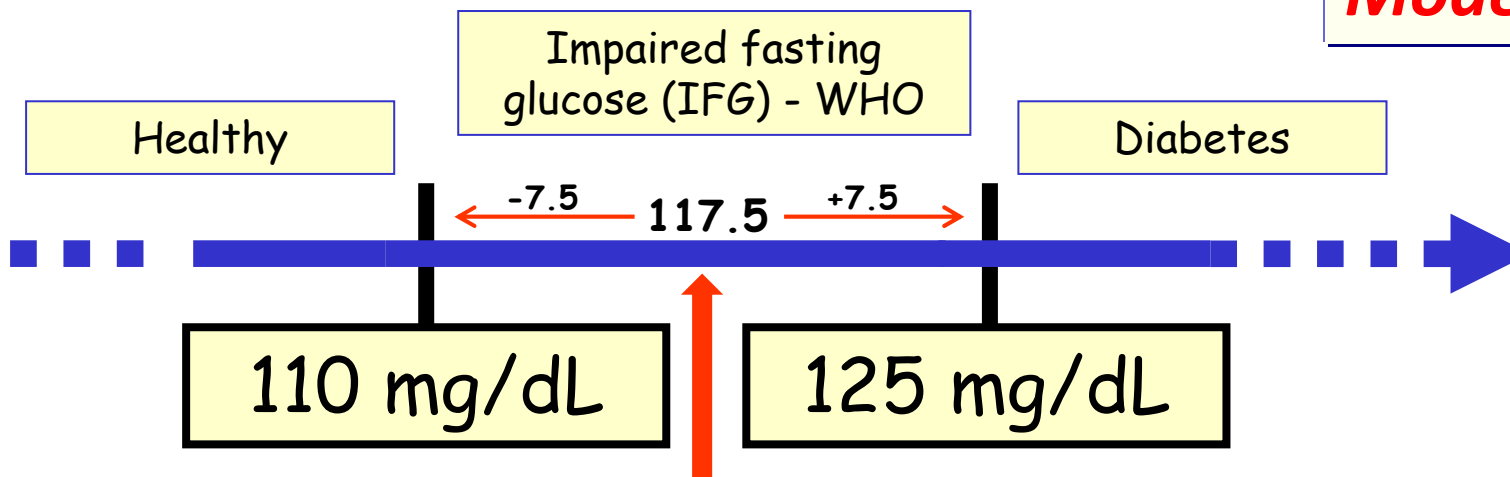
**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

# Defining analytical performance specifications for plasma glucose using *indirect outcome* data

**Model 1b**



A subject with a FPG of 117.5 mg/dL must be differentiated from healthy condition (from one side) and a frank diabetes diagnosis (from the other side).

Therefore, TE of FPG measurement should be kept  $< 7.5/117.5 = < 6.38\%$  so that a subject with an IFG cannot be misclassified as diabetic (FPG  $> 125$  mg/dL) or healthy (FPG  $< 110$  mg/dL).

**Model 1b TE<sub>a</sub> = <6.38%**

vs.

**Model 2 TE<sub>a</sub> = <6.4%**

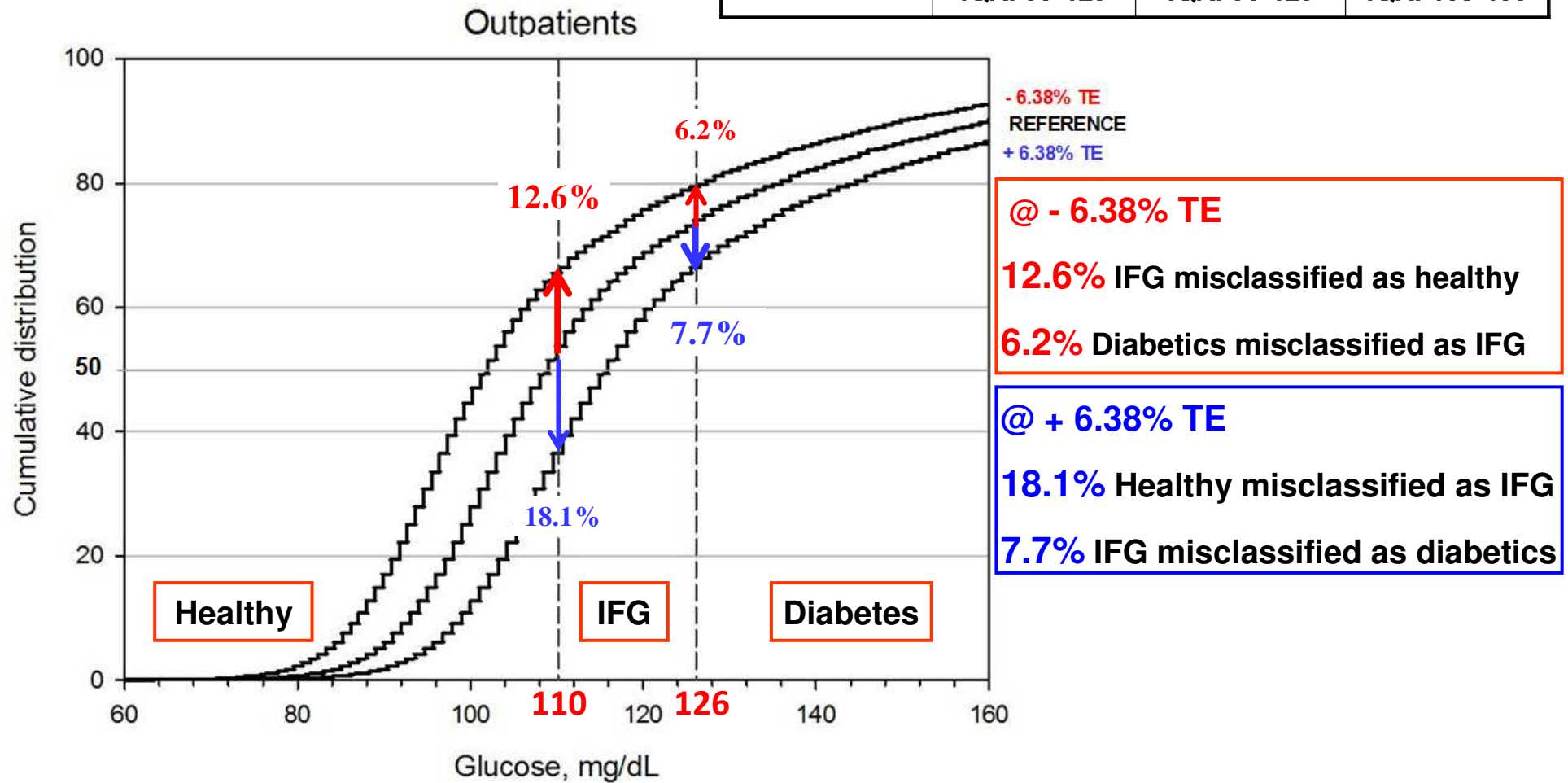
**Equivalence of models 1 and 2 for measurands with well-defined biological and clinical characteristics**



# Impact of measurement error of plasma glucose on clinical classification

## simulation analysis

PG distribution	Reference	@ -6.38%	@ +6.38%
n 6537	$\tilde{X}$ = 109 mg/dL IQR: 99-128	$\tilde{X}$ = 102 mg/dL IQR: 93-120	$\tilde{X}$ = 116 mg/dL IQR: 105-136

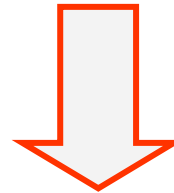


## **PREDIABETICS CLINICAL PATHWAYS**

**IFG defines a set of individuals  
at increased risk to develop diabetes**

**Early intervention lowering plasma glucose over time for:**

- 1** delaying the onset of diabetes
- 2** preserving  $\beta$ -cell function [hepatic (and muscle) insulin resistance plus defective insulin secretion environment] and the likelihood that vascular hyperglycaemia-related complications will be delayed or prevented



## **CLINICAL OUTCOME**

**IFG subjects misclassified as normoglycemic (FALSE NEGATIVE)  
represent the most impacting results**

Measuring FPG with a TEa of -6.38% would imply that 12.6% of individuals will miss the interventions necessary to stop the progression to DM and the worsening of vascular hyperglycemia-related outcomes (clinical and economical evaluation to show the acceptability of this misclassification rate is needed)

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

## *Analitical aspects of glucose testing*

$$V_{\text{TOT}} = (V_{\text{P}}^2 + V_{\text{A}}^2 + V_{\text{I}}^2)^{1/2}$$

**CIRME**

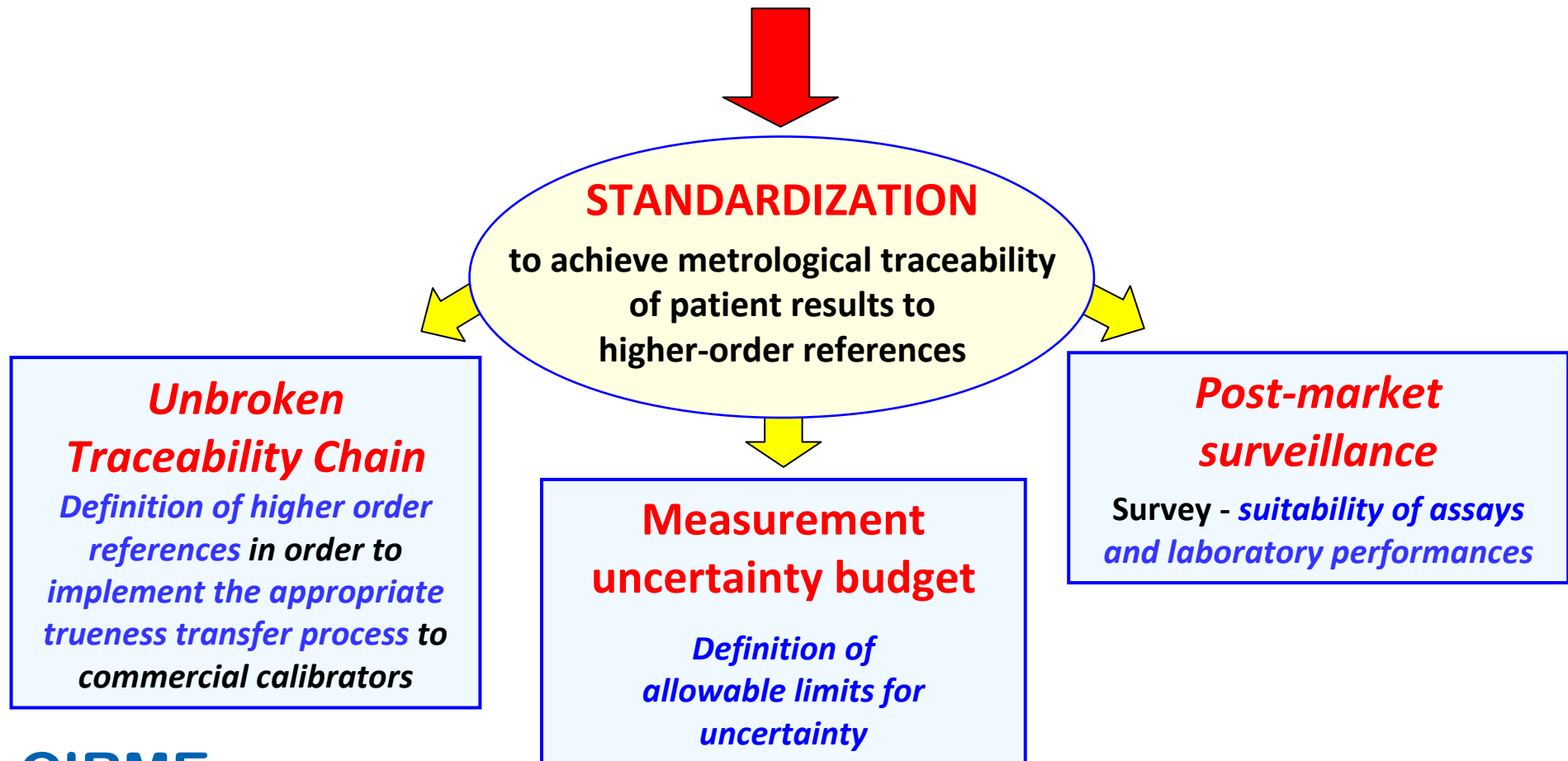


UNIVERSITÀ DEGLI STUDI  
DI MILANO

---

**Laboratory customers (i.e., doctors and patients) expect  
lab results to be equivalent and  
interpreted in a reliable and consistent manner**

---

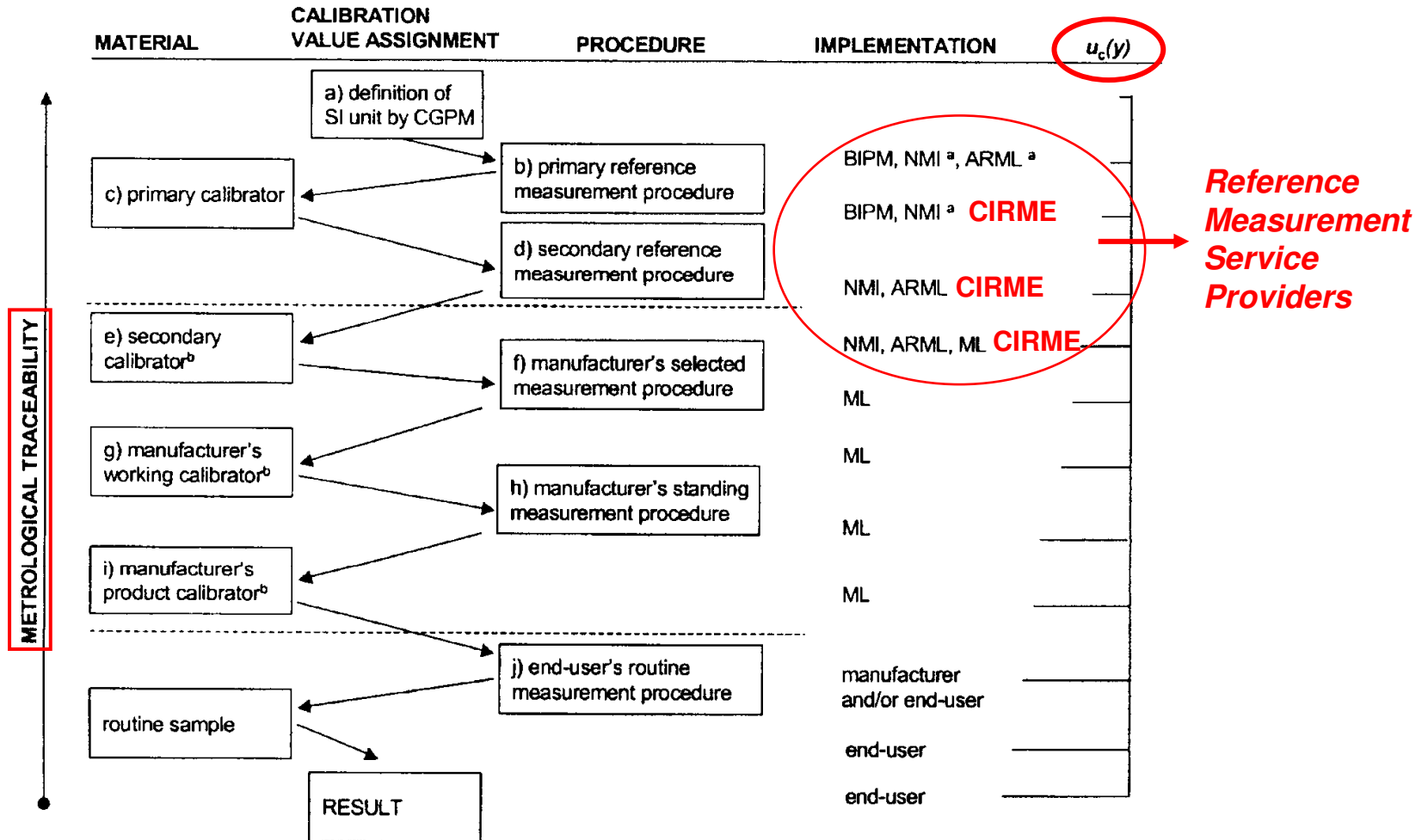


**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

# TRACEABILITY ESTABLISHMENT



ISO 17511:2003. In vitro diagnostic medical devices - Measurement of quantities in biological samples – Metrological traceability of values assigned to calibrators and control materials.

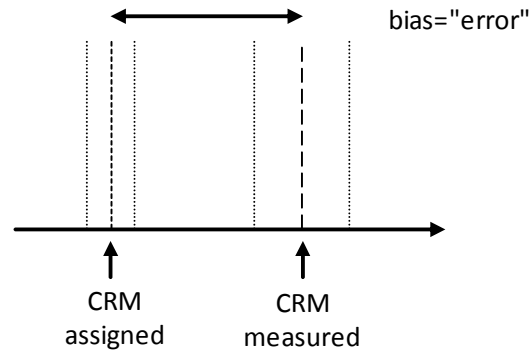
**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

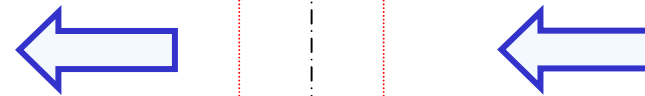
# MEASUREMENT UNCERTAINTY AND BIAS CORRECTION

“Non-negative parameter characterizing the dispersion of the quantity values being reasonably attributed to a measurand, based on the information used”



**Bias**, systematic measurement error

**Uncertainty**



**Bias correction**, realignment of measuring system by adjusting the value assigned to the calibrator

**CIRME**



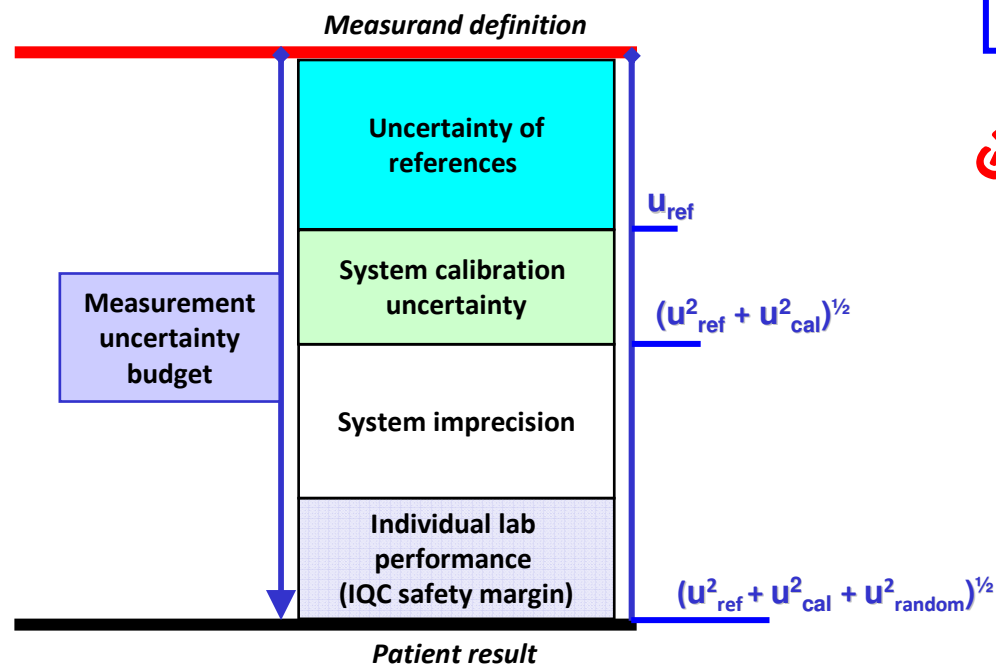
UNIVERSITÀ DEGLI STUDI  
DI MILANO



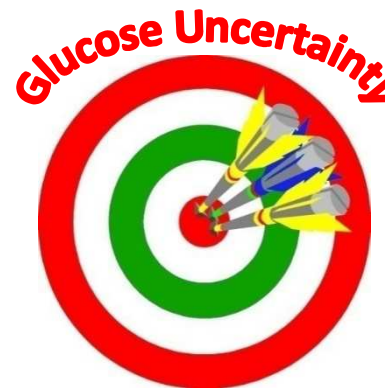
# ALLOWABLE UNCERTAINTY BUDGET

Three main components of uncertainty:

1. **Uncertainty of references** - reference materials, reference procedures;
2. **Uncertainty of commercial system calibrators** - manufacturer's calibrator values [transfer process];
3. **Uncertainty of random sources** – system imprecision, individual lab performance.



## ... FOR PLASMA GLUCOSE



From MODEL 2

**4.05% minimum**

**2.70% desirable**

**1.35% optimum**

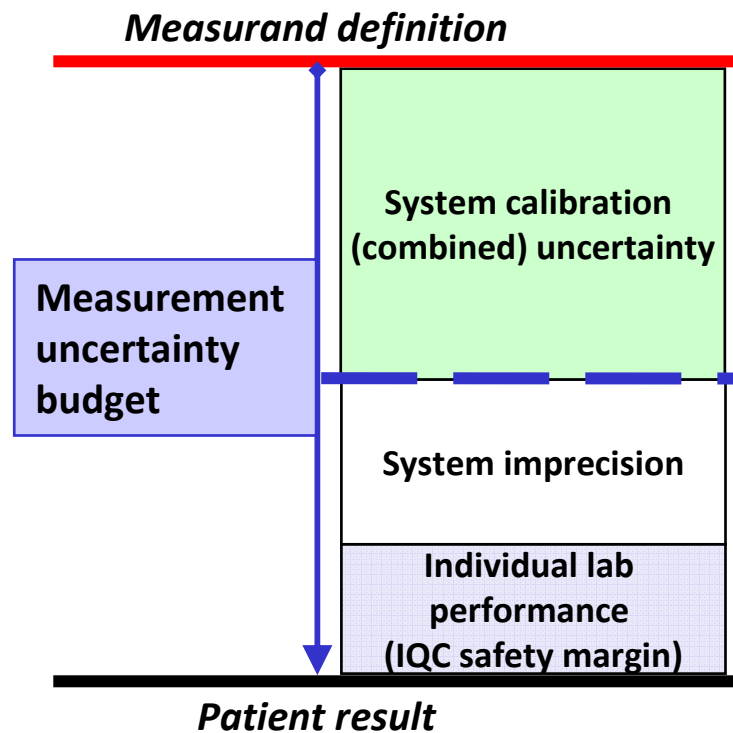
**MESUREMENT UNCERTAINTY GOAL**  
[for unbiased results]

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

**Need to define criteria for manufacturers that can be achieved for their calibrators leaving enough uncertainty budget for the laboratories to produce clinically acceptable results.**



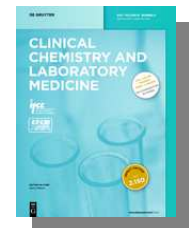
**→ The allowable limit for the combined uncertainty of manufacturer's commercial calibrators @ 50% of the goals**

Opinion Paper

Clin Chem Lab Med 2013; 51:973-9

Renze Bais\*, Dave Armbruster, Rob T. P. Jansen, George Klee, Mauro Panteghini, Joseph Passarelli and Ken A. Sikaris on behalf of the IFCC Working Group on Allowable Error for Traceable Results (WG-AETR)

**Defining acceptable limits for the metrological traceability of specific measurands**

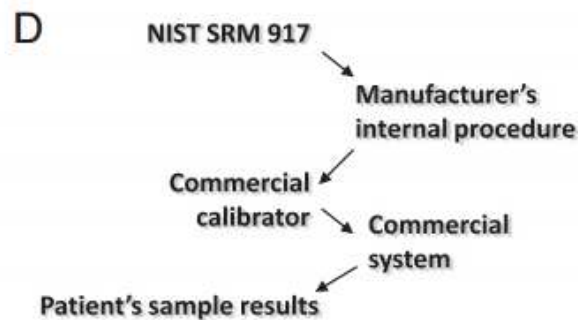
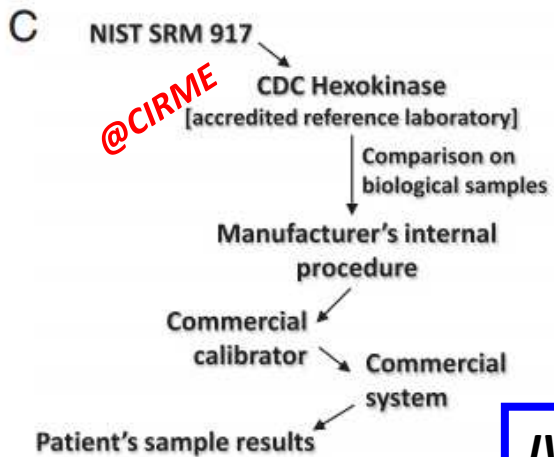
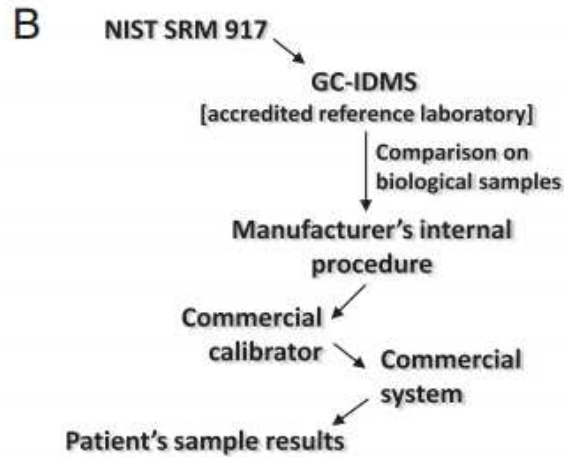
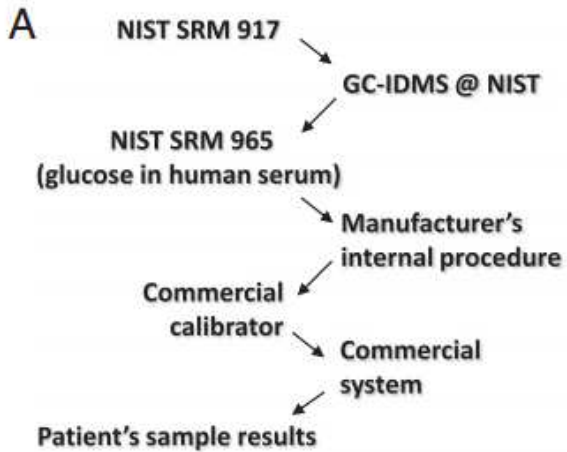


**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

# THE TRACEABILITY CHAINS AVAILABLE TO IVD MANUFACTURERS FOR GLUCOSE



**IVD MANUFACTURERS MAY SPEND DIFFERENT AMOUNTS OF THE TOTAL UNCERTAINTY BUDGET TO ALLOW TRACEABILITY OF THEIR ANALYTICAL SYSTEM TO HIGHER ORDER REFERENCES**

**CIRME**



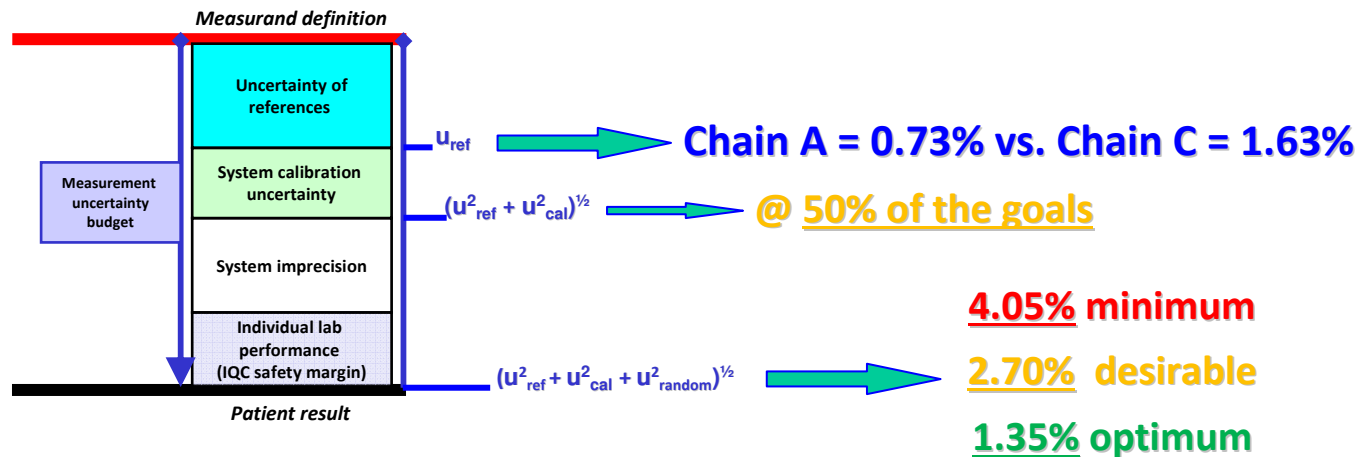
UNIVERSITÀ DEGLI STUDI  
DI MILANO

Braga F et al. Clin Chim Acta 2014;432:55-61

**Are the analytical system commercially available for glucose determination able to achieve the desirable limit for combined uncertainty in a clinical setting (fit for purpose)?**

Company	Platform	Principle of commercial method	Calibrator	Declared standard uncertainty <sup>a</sup>	Higher-order reference employed		Type of traceability chain used <sup>b</sup>	Combined standard uncertainty associated with the used chain <sup>c</sup> (Expanded)
					Method	Material		
Abbott	Architect	ND	Multiconstituent calibrator	2.70%	IDMS	NIST SRM 965	A	1.22–1.45% <sup>d</sup>
Beckman	AU	Hexokinase	System calibrator	ND	ND	NIST SRM 965	A	1.22–1.45% <sup>d</sup>
	Synchron	Hexokinase	Synchron multicalibrator	ND	ND	NIST SRM 917a	D	1.60–3.00% <sup>e</sup>
Roche	Cobas c	Hexokinase	C.f.a.s.	0.84%	IDMS	ND	B	1.70%
	Integra	Hexokinase	C.f.a.s.	0.62%	IDMS	ND	B	1.70%
	Modular	Hexokinase	C.f.a.s.	0.84%	IDMS	ND	B	1.70%
		GOD	C.f.a.s.	0.84%	IDMS	ND	B	1.70%
Siemens	Advia	Hexokinase	Chemistry calibrator	1.30%	Hexokinase	NIST SRM 917a	C	1.88–3.26% <sup>f</sup>
		GOD	Chemistry calibrator	0.80%	Hexokinase	NIST SRM 917a	C	1.88–3.26% <sup>f</sup>

Braga F, Panteghini M. Clin Chim Acta 2014;432:55-61



The uncertainty of (glucose) measurement may be dependent on the type of traceability chain selected for trueness transferring, making therefore difficult (e.g. chain C) to achieve the acceptable limits for measurement uncertainty on clinical sample

# POST-MARKET SURVEILLANCE

Requirements for the applicability of EQAS results in the evaluation of the performance of participating laboratories in terms of traceability of their measurements

Feature	Aim
EQAS materials value-assigned with reference procedures by an accredited reference Laboratory	To check traceability of commercial system to reference systems
Proved commutability of EQAS materials	To allow transferability of participating laboratory performance to the measurement of patient samples
Definition and use of the clinically allowable measurement error (EQAS category 1/2A or 1/2B)	To verify the suitability of laboratory measurements in clinical setting

i.e. Glucose  
@CIRME (CDC reference procedure)

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

*Panteghini M. Clin Chem Lab Med 2010;48:7*  
*Infusino I et al. Clin Chem Lab Med 2010;48:301*  
*Braga F, Panteghini M. Clin Chem Lab Med 2013;51:1719*  
*Braga F, Panteghini M. Clin Chim Acta 2014;432:55*  
*Infusino I et al. Clin Chem Lab Med 2017;55:334-40*

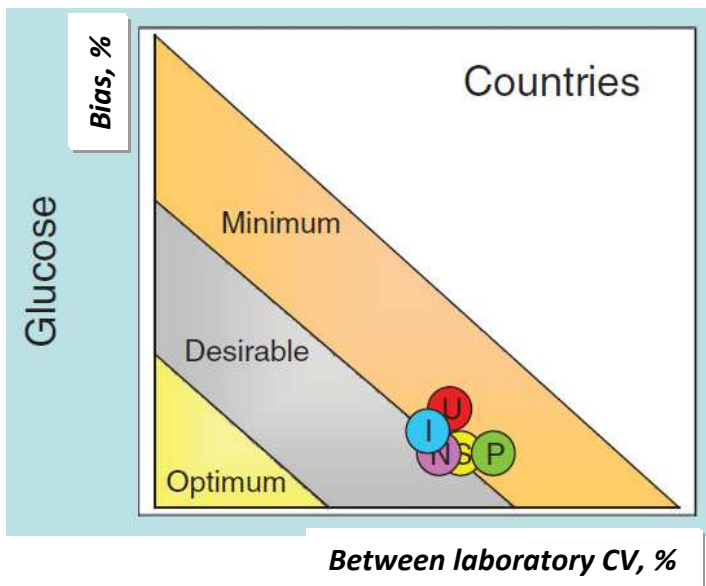
# Trueness-Based EQAS – Example 1

DE GRUYTER

Clin Chem Lab Med 2017; 55(2): 203–211

Cas Weykamp\*, Sandra Secchiero, Mario Plebani, Marc Thelen, Christa Cobbaert, Annette Thomas, Nuthar Jassam, Julian H. Barth, Carmen Perich, Carmen Ricós and Ana Paula Faria

## Analytical performance of 17 general chemistry analytes across countries and across manufacturers in the INPUTS project of EQA organizers in Italy, the Netherlands, Portugal, United Kingdom and Spain



### References (materials and procedure)

- frozen human serum
- GC-IDMS reference procedure

### Performance specifications for TEa derived from biological variation

Analyte	Countries					
	ES	IT	PT	UK	All	NL
Glucose	7.7	6.8	8.3	8.0	7.5	6.7

Glucose TE



From MODEL 2

EQAS  
Category 1/2A

9.6% minimum

6.4% desirable

3.2% optimum

CIRME



UNIVERSITÀ DEGLI STUDI  
DI MILANO



## Trueness-Based EQAS - Example 2

**Trueness Assessment** for serum glucose measurement in different **Commercial Systems** through the preparation of **Commutable Reference Materials**

Chang Yu et al. *Ann Lab Med* 2012;32:243-9

### References (materials and procedure)

- Pooled sera
- US Centers for Disease Control (CDC) reference procedure

**Table 1.** Relative bias for glucose measurement using 6 commercial systems

System code	Manufacturer	Method	Stated traceability for the reference method	Analyzer type	Relative bias (%)				
					RM1	RM2	RM3	RM4	RM5
GOD01	Beckman	GOD-oxygen electrode	HK	DxC800 (N=2), DxC20 (N=1)	2.88	-0.17	1.39	1.38	2.82
GOD02	Roche	GOD-POD	ID-MS	Modular P800 (N=3)	3.19	1.66	3.96*	3.43*	4.58*
GOD03	Ortho	GOD-dry chemistry	HK	Vitros 250 (N=3)	1.92	-0.17	2.68	1.38	3.14
HK01	Beckman	HK-G6PD	HK	DxC800 (N=2), DxC20 (N=1)	-1.92	-3.48*	-2.78	-2.77	-0.85
HK02	Roche	HK-G6PD	ID-MS	Modular P800 (N=3)	-3.83*	-1.82	-0.11	-1.6	-0.11
HK03	Dade Behring	HK-G6PD	ID-MS	RXL-MAX (N=3)	-1.28	-1.82	-1.28	-0.73	-0.27

Most **BUT NOT ALL** of the measurement systems met the minimum quality specifications for bias.

### Glucose Bias



From MODEL 2

EQAS  
Category 1/2A

**3.0% minimum**

**2.0% desirable**

**1.0% optimum**

**CIRME**

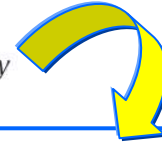


UNIVERSITÀ DEGLI STUDI  
DI MILANO

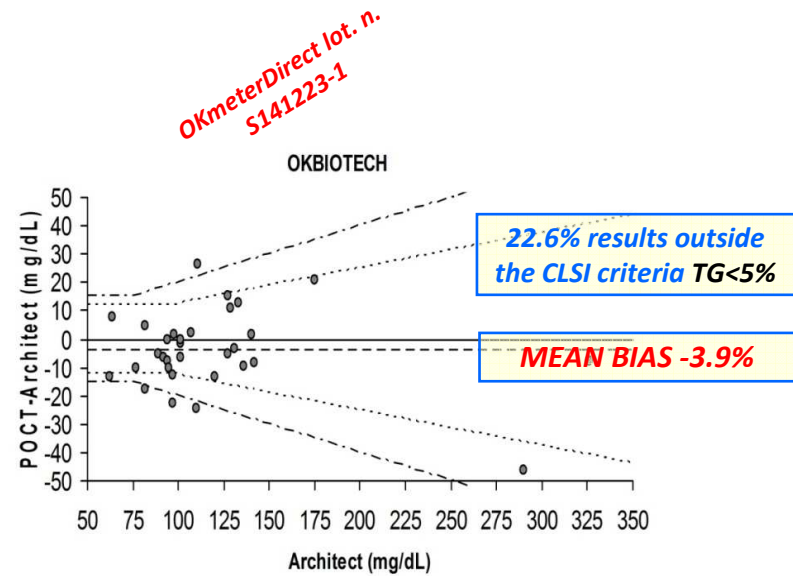
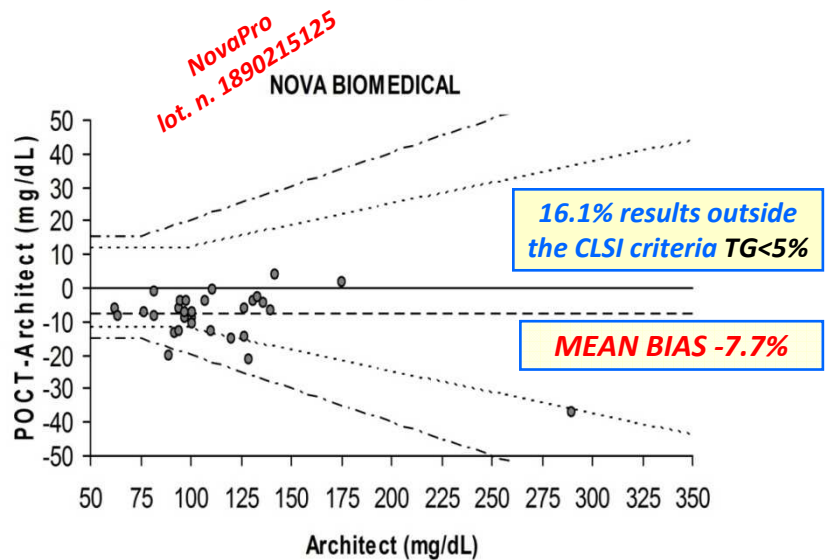
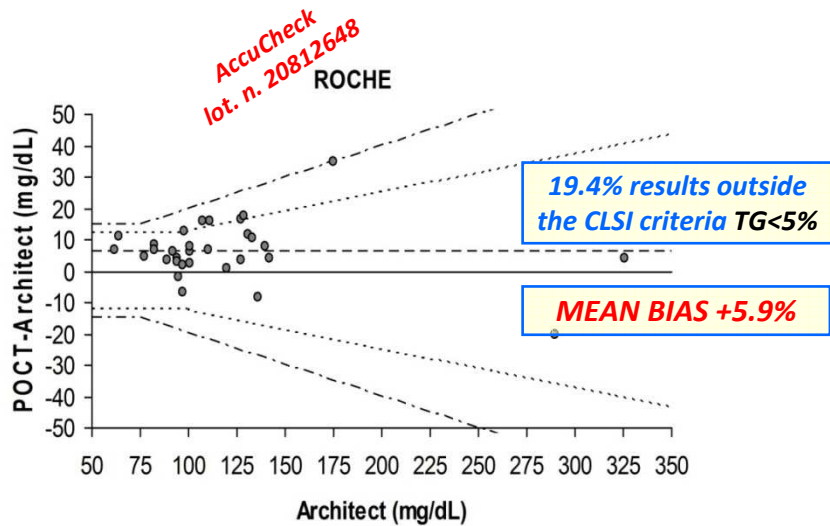
# Verification of the accuracy of three glucose point-of-care testing (poc) devices for their use in a hospital setting

Elena Aloisio, Erika Frusciante, Alberto Dolci, Mauro Panteghini

Research Centre for Metrological Traceability in Laboratory Medicine (CIRME), University of Milan, Italy



- Comparison with a **standardized automated system** (Abbott, ref. n. 3L82, mean bias 0.2% vs CDC ref. procedure performed @CIRME)
- CLSI acceptability criteria (**POCT12-A3**)



CIF



UNIVERSITÀ DEGLI STUDI  
DI MILANO



***...DESPITE MANY EFFORTS  
BY THE  
PROFESSION...***



***...QUANTIFICATION OF A SIMPLE MOLECULE LIKE GLUCOSE  
IS NOT SIMPLE...***

***...BUT WE ARE WELL ON THE WAY !***

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO



**UNIVERSITÀ DEGLI STUDI DI MILANO**  
**CIRME - Centre for Metrological Traceability in Laboratory Medicine**  
<http://users.unimi.it/cirme>

***Thank you !!***

**CIRME**



UNIVERSITÀ DEGLI STUDI  
DI MILANO

  
UNIVERSITÀ DEGLI STUDI  
DI MILANO  
**Centro Interdipartimentale per la  
Riferibilità Metrologica in Medicina di  
Laboratorio (CIRME)**

under the auspices of

  
Accurate results  
for patient care

  
International Federation  
of Clinical Chemistry  
and Laboratory Medicine

  
EUROPEAN FEDERATION OF CLINICAL CHEMISTRY  
AND LABORATORY MEDICINE



11<sup>th</sup> International Scientific Meeting  
**MEASUREMENT UNCERTAINTY  
IN MEDICAL LABORATORIES:  
FRIEND OR FOE?**

MILANO, ITALY  
*November 30<sup>th</sup>, 2017*

AULA MAGNA - LITA SEGRATE  
Via Fratelli Cervi, 93 - Segrate, Milano